



Cardiac First Responder Instructor Re-certification

*Book your re-cert online at
www.cfr-recertify.com*

***Heartbeat Safety:
Training trainers since 1996!***

Instructor Re-Certification

Cardiac First Responder

A CFR Instructor is required to remain in certification in Cardiac First Response and as an Instructor.

Assessment is required to recertify as an Instructor.

Your instructor certification is valid for 2 years. As an Instructor you are required to deliver a minimum of 4 CFR courses within this 2 year period, these courses can be stand-alone CFR or CFR as part of an Occupational First Aid Course.

As a Cardiac First Response Instructor you must complete re-certification training every 2 years. This highly practical session will include:

- *A review and assessment of CPR & related skills*
- *An explanation of all current CFR CPG's*
- *A scenario based assessment of an unresponsive simulated patient and delivery of one shock*
- *A review of AED safety measures*
- *A review of indications for AED use*
- *A review of indications for aspirin administration*
- *A review and assessment of instructional techniques*
- *A review of learning points arising from the group's experiences of CPR and AED use, aspirin administration and interaction with cardiac patients.*

We've planned the dates overleaf around the country to enable all current CFR instructors re-certify prior to the expiry date on their card and certificate.

Our courses are designed to work best with small groups for maximum participation. Practical methods will be used to involve instructors through discussion, case study and practical scenarios.

**Call about group discounts and discounts for multiple bookings from the same organisation. Course fee and related documents must be received prior to the start date of your course*

It is our belief at Heartbeat, that people learn more when they are involved. We therefore will encourage each instructor to define their specific requirements and then design the course content where possible to address their needs.

What's the assessment schedule?

Each instructor will be assessed in two areas'. Firstly, they'll be assessed in their CPR skills and knowledge using the Phecc skill-sheets and the CFR Instructor MCQ. Then they'll be assessed on their instructional methods by being asked to teach a small portion of the CFR course as part of the day.

How many will be in the class?

To ensure maximum participation and to enable each instructor gain the most out of the day, we are adopting the ratio of a maximum of 8 trainees per course.

What do I need to provide before the course?

As an instructor and to conform with the Phecc Education & Training Standards, you'll need to send us the following prior to your course:

- *Copy of your Current CFR Certificate*
- *Copy of your CFR Instructor Certificate*
- *Proof of your retention training*
- *Proof of your 4 courses*
- *Course fee of €225 Per Person**

What will I get on the day?

Each instructor will receive a delegate pack which will include:

- *Phecc CFR Manual*
- *AED Defibrillation Book*
- *Phecc CFR CPG's*
- *Pocket Mask*
- *CFR Course Timetable & Sample Lesson Plan*
- *Heartbeat 'Train the Trainer' Guide*

CFR Instructor Re-Certification

Schedule of dates

Please tick the venue of your choice.

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Monday, December 14th 2009
Kildare

Tuesday, March 23rd 2009
Limerick

Monday, January 11th 2009
Cork

Saturday, March 27th 2009
Cork

Tuesday, January 12th 2009
Dublin

Tuesday, March 30th 2009
Sligo

January 23rd 2009
Kildare

Tuesday, April 6th 2009
Dublin

Tuesday, February 2nd 2009
Tralee

Saturday, April 17th 2009
Kildare

Tuesday, February 9th 2009
Athlone

Tuesday, April 27th 2009
Cork

Saturday, February 20th 2009
Kildare

Tuesday, May 4th 2009
Athlone

Tuesday, March 9th 2009
Dublin

Tuesday, May 11th 2009
Killarney

Saturday, March 13th 2009
Cork

Saturday, May 15th 2009
Waterford

Tuesday, March 16th 2009
Limerick

Tuesday, June 1st 2009
Kildare

Saturday, March 20th 2009
Wexford

Saturday, June 12th 2009
Mullingar

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Callsave: 1850 77-44-11 Fax: 059-8623870 Email: info@heartbeat.ie Web: www.heartbeat.ie

CFR Instructor Re-Certification

Booking Form

Student Number

For office use only.

Name

Telephone

Mobile

Email

Address

CFR Instructor Number

Ofaaa Registered Number

Preferred venue and date:

All training will be confirmed in 10 days prior to the start date of your course, if you haven't received any confirmation, please contact our offices below to check if we received your booking form.

In the unlikely event of a course failing to reach any minimum student number, you will be offered a full refund or a place on the next available course.

Fax your booking form along with your pre-course questionnaire directly to 059-8623870.

Cancellations may be made with a full refund 24 hours prior to the start date, after this, no refund will be available.

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Pre Course Questionnaire

What are you expecting to learn on this course?

How long have you been teaching CFR/OFA, and roughly how many per year?

Less than 2 Years		Roughly how many per year?
Between 2-5 Years		
Over 5 Years		

What aspects of the course programme are of most interest to you?

Which areas of the topic do you currently find most challenging?

How would you rate your knowledge of the subject matter, please explain?

Basic

Intermediate

Advanced

Do you have any questions to put to the trainer in advance of the course?